Phoenix Dance Theatre and The Orchard Therapy Centre Mindbody Conference 2015



Programme of the Day

Saturday 3rd October 2015 Stanley & Audrey Burton Theatre, Leeds

10.00 - 10.30	Coffee and Registration
10.30 – 11.00	Welcome and Introduction by Lesley Jackson, Executive Director of Phoenix Dance Theatre.
	The morning session opens with Caroline Owens and Sharon Watson who will briefly present the context for the conference.
11.00 – 12.30	Key Note Speaker - Mike Brearley will present his paper 'Suffering; a turning point towards growth and creativity, a source of grievance, or simply too much to bear?' Followed by audience discussion.
12.30 – 1.30	Lunch Break. Please note lunch is not provided, however the venue is just 10 minutes' walk from Leeds' busy shopping centre. There is also a café on site, serving hot and cold food.
1.30 – 2.00	Phoenix Dance Theatre will perform 'Document' by exciting European choreographic duo Ivgi & Greben.
2.00 – 2.30	Panel discussion with dancers and Phoenix Rehearsal Director Tracy Tinker who will also invite audience questions and open discussion.
2.30 – 3.00	Afternoon Coffee Break
3.00 – 3.20	Poet Michelle Scally Clarke- will perform: 'Well, you called her a sinner'; the impact of suffering on self-worth.
3.20 – 3.50	Open Discussion with all the speakers and audience.
3.50 – 4.00	Closing thoughts

To book and for more please visit the Stanley & Audrey Burton Theatre



